



### Introducing

## OPENING TO THE LIGHT

*Weekly Meditations on Messages from Near-Death Experiences*

BY GARY D. GUTHRIE

Messages from near-death experiences provide the inspiration for the fifty-two meditations and affirmations in this volume, which invite us to center them within and become more aware of our inner Light.



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*You will want to keep this small, thin book handy so you can read it, use it, cherish it, meditate on it daily... I cannot praise enough its easy simplicity and utter power. ...I mean this little gem is positively exquisite. Not fancy. Exquisite!*

—P.M.H. Atwater, lecturer & author of *The Big Book of Near-Death Experiences, We Live Forever, Coming Back to Life*, and others

*Gary D. Guthrie has written a beautifully illustrated book of wisdom—a gift for anyone who wishes to reflect on the human condition and beyond.*

—Evelyn Elsaesser-Valarino, international lecturer & author of *Talking with Angel: about Illness and Death and Survival*

*Without a doubt, this book will serve as an antidote in our troubled times and will help bring those who sincerely work with it closer to the light.*

—John P. Haines, New Zealand broadcaster and author of *In Search of Simplicity*

*Gary D. Guthrie provides introspection and heart in the fine meditations he has written in *Opening to the Light*. His work is an inspiration to those of us who believe in the next great adventure.*

—Paul Perry, writer, documentary filmmaker and co-author of more than 20 books with such notables as Dr. Raymond Moody, Dr. Melvin Morse, Dr. Jeffrey Long, and Dannon Brinkley

*Near-death experiencers know that truth is not exclusive to science or religion and that it can be accessed directly by tuning into the Light. *Opening to the Light* shares the secrets of tapping into the Light directly through your own meditations. Enjoy the journey!*

—Linda A. Jacquin, Executive Board of Directors (retired), Intl. Assn. for Near-Death Studies (IANDS)

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*Weekly Meditations on Messages from Near-Death Experiences*

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Near-death experiences have been with humanity since time immemorial. The fact that they recur so often indicates their importance and urgency. Despite the vast diversity of near-death experiencers, their expressions hold surprisingly common themes.

*Opening to the Light* relates these messages. They speak of our intrinsic worth, and our place in the world and eternity. They invite us to become more deeply aware of our inner Light and abilities.

There are fifty-two messages offered for reflection in this book. Bringing them into a period of meditation and working to incorporate their affirmations during each week of the year can help to empower you; to open and deepen your relationship with the Light.



ISBN: 978-0-9821145-7-5 \$12.95  
non-fiction paperback: 5 ½" x 8 ½"  
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*This thoughtful book will take you deeper into the meaning and message of the near-death experience. Each week, you are invited into a meditation on some of the jewels brought back from travelers to realms beyond; and to find their resonance in your own soul. These messages are more than stories; they are guideposts on a spiritual journey.*

—Beverly Brodsky; Coordinator, San Diego IANDS

*Gary Guthrie has gathered and condensed insights from the wisest sages in the world and synthesized them into one of the best collections of transformational meditations and affirmations that I've ever seen.... This book is a treasure—a delight to read and ponder.*

—David R. Larsen, Communications Chair, Salt Lake City International Association for Near-Death Studies

### PURCHASING BOOKS

*Opening to the Light* is available to the book trade through our distribution partners: Ingram, Baker and Taylor, and the National Association of College Stores' NACSCORP. Retail copies are available on-line at: Amazon, Google Books, Barnes and Noble, and elsewhere.

### REVIEW COPIES

A review copy is available upon request to members of the media.

An examination copy may be sent to a teacher who wishes to consider it for class use. Such requests should be on school letterhead, stating the course title and probable enrollment, and be accompanied by a check for \$7 per book.

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